



# May 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			5:45 PM Zumba		11 AM Balance and Weights 6 PM Odoru	9:30 AM Yoga 11 AM Teen Fitness
5	6	7	8	9	10	11
		6 PM Cardio Sculpt	5:45 PM Zumba		11 AM Balance and Weights 6 PM Odoru	9:30 AM Yoga 11 AM Teen Fitness
12	13	14	15	16	17	18
		1 PM Tai Chi 6 PM Cardio Sculpt	5:45 PM Zumba		11 AM Balance and Weights 6 PM Odoru	9:30 AM Yoga 11 AM Teen Fitness
19	20	21	22	23	24	25
		1 PM Tai Chi 6 PM Cardio Sculpt	5:45 PM Zumba		11 AM Balance and Weights 6 PM Odoru	GYM CLOSED
26	27	28	29	30	31	
GYM CLOSED	GYM CLOSED	1 PM Tai Chi 6 PM Cardio Sculpt	5:45 PM Zumba		11 AM Balance and Weights 6 PM Odoru	