

DAIRY-FREE DELIGHTS WORKSHOP

Learn How to Prepare

Fresh Almond Milk,

Coconut Milk, Chia Pudding...

and Build the

PERFECT Smoothie

(Dairy-Free, Gluten-Free, Plant-Based,
Raw Vegan)

This will be informative

...and TASTY!!!

Hosted by

Donna Rose, Fit-n-Firm

Facilitated by Barbara Kessler

Award Winning Creator Of

Rawfully Tempting

DATE: March 20, 2018

TIME: 7pm - 9pm

Fee: \$55 Pre-Register
/\$60 @Door

LOCATION: Fit-n-Firm

Hillsborough, NJ

CONTACT: info@rawfullytempting.com

Register @ www.RawfullyTempting.com

(Click on WORKSHOPS Tab)



Rawfully Tempting



Barbara Kessler